

RIFLE SAFETY

(3 sessions of 45~60 minutes each)

I. Lesson One

A. Safety - Cardinal Rules - Use Chart

1. Always point the muzzle in a safe direction (“Invisible Death Ray”)
2. Always keep your finger off trigger till on target & ready to shoot (“Pointing Method of Initial Aiming w/ finger along stock/action)
3. Always keep gun unloaded till ready to use

B. Rifle Parts & Action Types - Use Chart

1. Rifle Parts

a. Stock

- (1) Butt
- (2) Comb
- (3) Grip
- (4) Fore grip

b. Barrel

- (1) Bore - rifling: lands & grooves
- (2) Bore size - caliber
- (3) Breech
- (4) Chamber
- (5) Muzzle
- (6) Sights: open, peep & Scope

c. Action

- (1) Receiver
- (2) Bolt / Breech Block
- (3) Firing pin
- (4) Trigger
- (5) Trigger Guard
- (6) Magazine - clip, tube (rear/stock & front/barrel) & , rotary
- (7) Safety - never rely upon!

2. Rifle Types - named after action types

- a. Bolt (L/R?)
- b. Pump
- c. Lever
- d. Semi-Auto
- e. Hinge
- f. Falling Block/Trap Door/Martini

C. Safe Handling (in use): Cardinal Rules+

1. Be Sure of your target & beyond
2. Be sure gun is safe to operate
3. Know how the rifle operates
4. Use Correct Ammo
5. Wear Eye & ear protection
6. ETOH & Drugs don't mix with guns

7. Always store so inaccessible (ammo separate) & transport/use in accord with laws
8. ALWAYS TREAT AS LOADED

II. Lesson Two

- A. Ammo - Use Chart, Samples & Shot Paperweight
 1. Types
 2. Components
 3. Caliber
 4. Bullet Types
- B. Review Safety Rules - Use Chart
- C. Determine AND CONFIRM/RECORD Eye Dominance (both methods)
- D. Shooting Fundamental - Use Chart
 1. Shooting Positions
 - a. Bench
 - b. Standing & Standing Barricade
 - c. Prone
 - d. Kneeling
 - e. Sitting
 2. Body Positions
 - a. Comfortable
 - b. Bones vs. Muscles
 - c. Alignment with target
 3. Shooting
 - a. Breath Control
 - b. Sight Picture
 - c. Trigger Control
 - d. Follow Through (“EVERY SHOT A SURPRISE!”)

III. Lesson Three

- A. Review Safety Rules - Use Chart
- B. Rifle & Action Practicum- Bring guns with different action types
- C. Rifle Handling Practicum- Use guns with different action types
- D. Range Safety, Coach & Pupil, Commands & Procedures
- E. Rifle Position & Breath Control/Sight Picture Practicum- Use guns with different action types
- F. Firing Line Practicum - using Coach & Pupil, Commands & Procedures